

# Watch The Tempo

Count: 64 Wall: 2 Level: Advanced

Choreographer: Joey Warren, Guillaume Richard, Fred Whitehouse, Shane Mckeever & Gemma Ridyrd – March 2018  
Music: Mad Love by Sean Paul



**\*\* Restart on wall 1 after 48 counts facing 6 o'clock \*\***

**S1: Forward, 1/4, 1/4, back, hitch back, diagonal step together step touch, step touch , chasse L**

12& step RF forward (1) make a 1/4 turn L cross LF over RF (2) make a 1/4 turn L step RF back  
3&4 step LF back (3) hitch R knee (&) step RF back (4)  
5&6& travelling back on L diagonal step LF to L side (5) close RF next to LF (&) step LF back (6) touch R next to LF (&)  
7&8&1 Step RF to R side (7) touch L toe next to RF (&) step LF to L side (8) close RF next to LF (&) step LF to L side (1) (6 o'clock)

**S2: 1/8 turn R samba step, close, point & point, point hitch, 1/8 turn R jazz box cross**

2&3 make an 1/8 turn R crossing RF over L (2) rock the ball of LF to L side (&) replace weight to RF (3) (7:30)  
&4&5 close LF to RF (&) point RF to R side (4) close RF to LF (&) point LF to L side  
&6& close LF to RF (&) point RF to R side (6) hitch R knee forward (&)  
7&8& cross RF over LF (7) step LF back (&) make 1/8 turn R step RF to R side (8) cross LF over RF (&) (9 o'clock)

**S3: Step R chest/hip rolls, close L close R, Step L chest/hip rolls, close pony L hitch step forward**

123&4 step RF to R side rolling hips/chest isolation (123), close L to RF (&) close RF to LF (4)  
56 step LF to L side rolling hips/chest isolation (56)  
&7&8 close RF next to LF (&) point LF to L side (7) hitch L knee forward (&) step LF forward (8) (9 o'clock)

**S4: R fwd mambo, back, 1/2 R, L fwd, R Fwd sweep 1/4 R, weave R, R side rock**

1&2 Rock RF forward (1) replace weight to LF (&) step RF back (2)  
3&4 step LF back (3) make a 1/2 turn R step RF forward (&) step LF forward (4)  
56&7 step RF forward as you sweep LF a 1/4 turn R (5) cross LF over RF (6) step RF to R side (&) cross LF behind RF (7)  
8& rock RF to R side (8) replace weight to LF (&) (6 o'clock)

**S5: 2x travelling back sambas, C curve turning weave R**

12& cross RF behind LF (1) rock LF to L side (2) replace weight to RF (&)  
34& cross LF behind RF (1) rock RF to R side (2) replace weight to LF (&)  
5&6& make an 1/8 turn R cross RF behind LF (5) make an 1/8 turn R step LF to L side (&)  
7&8 make an 1/8 turn R cross RF in front of LF (6) make an 1/8 turn R step LF to L side (&)  
7&8 cross RF behind LF, step LF to L side, cross RF in front of LF (12 o'clock)

**S6: Ball side rock 1/8 R, step, lock step, step step, R paddle 3/8 turn L**

&12 rock the ball of LF to L side (&) make an 1/8 turn R stepping RF forward (1) step LF forward (2) (1:30)

&3&4                    step RF forward on the ball of RF (&) lock ball of LF behind RF (3) step RF forward (&) step LF (4)  
5-8                    make 3/8 turn L chug/paddle RF round (5-8) (6 o'clock)  
**\*\* Restart here on wall 1 \*\***

**S7: Heel grind, ball L cross shuffle, side close, weave L**

12&                    grind R heel forward (1) step LF small step to L side (2) close RF to LF (&)  
3&4                    cross LF over RF (3) step RF to R side (&) cross LF over RF (4)  
&56                    step RF to R side (&) close LF to RF (5) cross RF over LF (6)  
&7&8                    step LF to L side (&) step RF behind LF (7) step LF to L side (&) cross RF over LF (8) (6 o'clock)

**S8: Side rock, ball side rock, ball forward rock, touch and touch**

12&                    rock LF to L side (1) replace weight to RF (2) close LF to RF (&)  
34&                    rock RF to L side (3) replace weight to LF (4) close RF to LF (&)  
56&                    rock LF forward (5) replace weight to RF (6) step LF back (&)  
7&8&                    touch R to forward (7) step RF back (&) touch L toe forward (8) close LF to RF (&)

**Happy dancing!**

**Any questions contact - [gem@gemridyard.com](mailto:gem@gemridyard.com), [smckeever07@hotmail.com](mailto:smckeever07@hotmail.com),  
[F\\_whitehouse@hotmail.com](mailto:F_whitehouse@hotmail.com), [tennesseefan85@yahoo.com](mailto:tennesseefan85@yahoo.com) or [cowboy\\_gs@hotmail.fr](mailto:cowboy_gs@hotmail.fr)**

**<https://gemridyard.com/videos/watch-the-tempo/>**