

Throwback Swing

32 Count, 4 Wall, Absolute Beginner

Choreographer: Glynn "Applejack" Rodgers (UK) June 2017

Choreographed to: Throwback Love by Megan Trainor

Music Options: You Don't, You Won't by Billy Gilman
Vem Vet by Kikki Danielsson
I Might by Shakin' Stevens

Section 1**Point Out-In-Out, Weave Left.**

- 1-2 Point right to right side, touch right beside left.
3-4 Point right to right side, hold (or kick right foot to diagonal).
Easier **Tap right toe to right side, hold. Tap right toe to right side, hold.**
5-6 Cross right behind left, step left to left side.
7-8 Cross right over left, hold.

Section 2**Point Out-In-Out, Weave Right.**

- 1-2 Point left to left side, touch left beside right.
3-4 Point left to left side, hold (or kick left foot to diagonal)
Easier **Tap left toe to left side, hold. Tap left toe to left side, hold.**
5-6 Cross left behind right, step right to right side.
7-8 Cross left over right, hold.

Section 3**Sugarfoot Right & Left.**

- 1-2 Touch right toe to left instep, dig right heel slightly forward.
3-4 Stamp forward right, hold.
5-6 Touch left to left right instep, dig left heel slightly forward.
7-8 Stamp forward left, hold.

Section 4**Step, Clap, Pivot ¼ Turn, Clap, Side Clap, Side Clap.**

- 1-2 Step forward right, clap hands forward.
3-4 Pivot ¼ left, clap hands to left side.
5-6 Step right to place, clap hands to right side.
7-8 Step left to place, clap hands to left side.
Easier: **All claps can be done centralised rather than side to side.**
Note **Although I have said to step to place on counts 5&7, it should be more of a rocking motion from side to side once the dancer is comfortable with the dance.**