

# PUMP IT

Count: 48      Wall: 2      Level: advanced

Choreographer: Masters In Line

Music: Pump It by The Black Eyed Peas



## WALK WALK, BALL CHANGE, HITCH, SLIDE BACK, BALL CHANGE, STEP FORWARD

- 1-2                    Step forward on right, step forward on left
- &3                    Rock back on ball of right, recover weight forward onto left
- 4                     Hitch right knee
- 5-6                   Take big step back on right, slide left to right (no weight change)
- &7                    Step left next to right, step forward on right
- 8                     Step forward on left

## 3 TOUCH TURNS LEFT, SHOULDERS TURN, 2 TOUCH TURNS BACK RIGHT, SWIVET

The touch turns are done as more of a strong step, like a chug round almost a dragging action

- 1-2                    Make ¼ turn left stepping right out to right side, make ¼ turn left stepping right to right side
- 3-4                    Make ¼ turn left stepping right out to right side, shoulder lift and turn upper body to face front
- 5-6                    Make 1/8 turn right stepping right out to right side, make 1/8 turn right stepping right out to right side
- 7                     With weight on right heel & left toe, twist right toes to right & left heels to left
- 8                     Return feet back to center

## HITCH, DOWN, HITCH WITH KNEE ROLL, TOUCH STEP BACK, TOUCH STEP BACK

- 1&2                    Hitch right knee beside left, straighten right knee next to left, swing right leg out to right side bending left knee
- Weight remains on left through these 2 counts
- &3                    Bring right leg back in towards left, hitch right knee as it circles to the right from hip
  - 4                     Step right to right side
  - 5-6                    Touch left next to right, step diagonally back on left
  - 7-8                    Touch right next to left, step diagonally back on right

## 3 WALKS BACK, HOLD (OR SHOULDER SHRUG), 2 BALL CHANGES, HITCH, SWING LEG BACK

- 1-2                    Step diagonally back on left, step diagonally back on right
  - 3-4                    Step diagonally back on left, hold on count 4 or shrug shoulders up then down
- These 3 walks are strong funky steps, for styling angle shoulders towards diagonals (left, right left)
- &5                    Rock back on ball of right, recover weight forward onto left
  - &6                    Rock back on ball of right, recover weight forward onto left
- For styling on ball changes bend knees a little, keep upper body weight forward
- 7-8                    Hitch right knee, swing right leg back behind you keeping weight on left

## HOP WITH SCOOT, CROSS, KICK HOOK, STEP LEFT, SHOULDER DIPS, FULL TURN LEFT

- 1-2                    Hop on left scooting slightly back as right leg swings around to front, cross right over left
- 3-4                    Kick left to left diagonal, hook left in front of right shin
- 5                     Step left to left side with bent knee - hands are in fists in front of chest with elbows out to sides, drop left elbow down as right goes up
- 6                     Feet remain in place, drop right elbow as left elbow raises up

7-8 Make ½ turn left stepping right to right side, make ½ turn left stepping left to left side

Counts 7-8 is a 2 count full turn like a rolling grapevine

Alternate: as an easy alternative to the fast turn on 7-8:

7 Cross right over left

8 Step left to left side

**HEEL GRIND, BALL CROSS, TOUCH, BACK, SWEEP, BALL CHANGE, WALK**

1-2 Cross right heel over left grinding into floor, step left to left side

&3-4 Step in place with right, cross left over right, touch right to right side

5-6 Cross right behind left, sweep left foot around to back (weight stays on right)

&7 Rock back on ball of left, recover weight forward onto right

8 Step forward on left

**REPEAT**