

**Mountains To The Sea**

64 Count, 2 Wall, Beginner

Choreographer: Maggie Gallagher (UK) Nov 2015

Choreographed to: Mountains To The Sea

by Mary Black feat. Imelda May

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**S1: ROCK FWD, ROCK BACK, ROCK FWD, SHUFFLE BACK**

1-2-3-4 Rock forward on right, Recover on left, Rock back on right, Recover on left

5-6 Rock forward on right, Recover on left

7&amp;8 Step back on right, Step left next to right, Step back on right

**S2: ROCK BACK, ROCK FWD, ROCK BACK, SHUFFLE FWD**

1-2-3-4 Rock back on left, Recover on right, Rock forward on left, Recover on right

5-6 Rock back on left, Recover on right

7&8 Step forward on left, Step right next to left, Step forward on left *\*Restart Wall 5 [12.00]***S3: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

1-2 Rock right to right side, Recover on left

3&amp;4 Cross right over left, Step left to left side, Cross right over left

5-6 Rock left to left side, Recover on right

7&amp;8 Cross left over right, Step right to right side, Cross left over right

**S4: SIDE TOUCH, SIDE TOUCH, HEEL & HEEL & HEEL, HOLD**

1-2-3-4 Step right to right side, Touch left next to right, Step left to left side, Touch right next to left

5&amp;6 Tap right heel forward, Step right next to left, Tap left heel forward

&amp;7-8 Step left next to right, Tap right heel forward, HOLD

**S5: SIDE TOUCH, SIDE TOUCH, HEEL & HEEL & HEEL, HOLD**

1-2-3-4 Step right to right side, Touch left next to right, Step left to left side, Touch right next to left

5&amp;6 Tap right heel forward, Step right next to left, Tap left heel forward

&amp;7-8 Step left next to right, Tap right heel forward, HOLD

**S6: JAZZ ¼ FWD, JAZZ ¼ CROSS**

1-2-3-4 Cross right over left, ¼ right stepping back on left, Step right to right side, Step forward on left

5-6-7-8 Cross right over left, ¼ right stepping back on left, Step right to right side, Cross left over right

**S7: VINE RIGHT CROSS, CHASSE, ROCK BACK**

1-2-3-4 Step right to right side, Cross left behind right, Step right to right side, Cross left over right

5&amp;6 Step right to right side, Step left next to right, Step right to right side

7-8 Rock back on left, Recover on right

**S8: VINE LEFT CROSS, CHASSE, ROCK BACK**

1-2-3-4 Step left to left side, Cross right behind left, Step left to left side, Cross right over left

5&amp;6 Step left to left side, Step right next to left, Step left to left side

7-8 Rock back on right, Recover on left

**RESTART:** Wall 5 after 16 counts [12.00]

